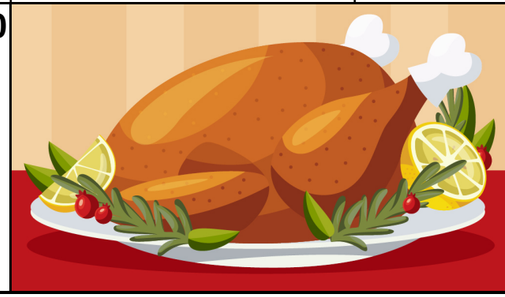
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Continental Breakfast **1** **Noon** Orange Chicken, Fried Rice, Egg Roll **Evening** Beef Pot Roast, Mashed Potatoes, Beef Gravy, Corn Daylight Saving Time Ends	Continental Breakfast **2** **Noon** BBQ Ribs, Baked Potato, Brussel Sprouts **Evening** Taco Salad. Refried Beans	Continental Breakfast **3** **Noon** Chicken Parmesan over Pasta, Bread Stick, Italian Blend Vegetables **Evening** Homemade Beef Stew, Dinner Roll	Continental Breakfast **4** **Noon** Bacon Cheeseburger on Bun, Potato Wedges, Coleslaw **Evening** Manicotti, Buttered Peas, Garlic Bread	Continental Breakfast **5** **Noon** Crispy Chicken Salad with Honey Dijon Dressing **Evening** Beef Tenderloin Tips with Gravy, Mashed Potatoes, Carrots	Continental Breakfast **6** **Noon** Biscuits and Gravy, Fresh Fruit **Evening** Roasted Chicken Quarters, Baked Potato, Seasonal Vegetables	Continental Breakfast **7** **Noon** Swedish Meatballs, Garlic Parmesan Potatoes, Buttered Peas **Evening** Sausage and Pepperoni Pizza, Toss Salad
Continental Breakfast **8** **Noon** Garlic Roasted Pork, Mashed Potatoes, Brussels Sprouts **Evening** Chicken Alfredo, Mixed Vegetables, Bread Stick Diwali (Hindi)	Continental Breakfast **9** **Noon** Pepper Steak, Rice, Glazed Carrots **Evening** Stuffed Chicken Breast, Au Gratin Potatoes, Creamy Coleslaw	Continental Breakfast **10** **Noon** Ham, Sweet Potatoes, Green Beans **Evening** Rachel Sandwich, German Potato Salad, Mandarin Oranges	Hot Breakfast **11** **Noon** Tomato Basil Soup, Roast Beef Sandwich **Evening** Shepherd's Pie, Dinner Roll, Broccoli Veterans Day Remembrance Day (Canada)	Continental Breakfast **12** **Noon** Taco Salad, Spanish Rice **Evening** BBQ Pulled Pork, Chips, Fruit	Continental Breakfast **13** **Noon** Hamburger with all the fixings, Baked Beans, Corn on the Cob **Evening** Hushpuppy Fish, Fried Potatoes, Steamed Cabbage	Continental Breakfast **14** **Noon** Corn Cowder and Potato Soup, Crackers, Deli Sandwich, **Evening** Open Face Hot Beef Sandwich, Mashed Potatoes, Beef Gravy, California Blend Vegetables.
Continental Breakfast **15** **Noon** Coconut Shrimp, Wedges, Coleslaw **Evening** Tater Tot Casserole, Mixed Vegetables, Dinner Roll	Continental Breakfast **16** **Noon** Chicken and Biscuit Pot Pie, Brussels Sprouts, Mandarin Oranges **Evening** Kielbasa and Cabbage, Potato Casserole, Broccoli	Continental Breakfast **17** **Noon** Mushroom Salisbury Steak Deluxe, Mashed Potatoes, Gravy, Carrots **Evening** Tuna Melt Slider, Chips, Fruit	Continental Breakfast **18** **Noon** BBQ Drumsticks, Macaroni and Cheese, Mixed Vegetables **Evening** Sloppy Joe on Bun, Baked Beans, Coleslaw	Continental Breakfast **19** **Noon** Pork Loin, Sweet Potatoes, California Blend Vegetables **Evening** Beef Stew and Dinner Roll	Continental Breakfast **20** **Noon** Catch of the Day, Tartar Sauce, Baked Potato, Chalet Garlic Buttered Vegetables **Evening** Sweet and Sour Chicken Stir Fry, Fried Rice, Egg Roll	Continental Breakfast **21** **Noon** Penne and Meatballs, Toss Salad, Garlic Toast **Evening** Chili Cheese Dog, French Fries, Corn
Continental Breakfast **22** **Noon** Baked Pit Ham, Au Gratin Potatoes, Buttered Peas **Evening** Creamy Turkey Pasta Bake, Seasonal Vegetables, Dinner Roll	Continental Breakfast **23** **Noon** Stuffed Chicken Breast, Macaroni and Cheese, Green Beans **Evening** Lasagna, Garlic Bread, Italian Blend Vegetables	Continental Breakfast **24** **Noon** Country Fried Steak, Mashed Potatoes, Country Gravy, Corn **Evening** Hot Dog, Chips, Potato Salad	Hot Breakfast **25** **Noon** Pulled Pork Hoagie, Cowboy Beans **Evening** Goulash, Mixed Vegetables, Dinner Roll, Peaches	Continental Breakfast **26** **Noon** Turkey, Mashed Potatoes, Green Bean Casserole, Cranberry Sauce, Dinner Roll **Evening** Bag Supper Thanksgiving Day (U.S)	Continental Breakfast **27** **Noon** Parmesan Crusted Fish, Creamy Blush Pasta, Broccoli **Evening** Grilled Roast Beef and Cheese, Tater Tots, Apple Cider Slaw	Continental Breakfast **28** **Noon** Sausage Link, Fried Potatoes, Pears **Evening** Stuffed Green Pepper, Corn, Fresh Baked Bread
Continental Breakfast **29** **Noon** BBQ Ribs, Roasted Potatoes, Green Beans **Evening** Cheeseburger, Wedges	Continental Breakfast **30** **Noon** Ultimate Grilled Ham and Cheese Sandwich, Potato Chips, Pea Salad, Peaches **Evening** Spaghetti and Meatballs, Chalet Garlic Buttered Vegetables, Garlic Toast		# November 2026 Select Senior Living- Dining Menu			

Any changes will be posted in the elevator.