

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 Select Senior Living - Dining				Continental Breakfast 1 Noon Meatloaf, Mashed Potato, Seasonal Vegetable Evening Chicken Stir Fry, Fried Rice, Egg Roll	Continental Breakfast 2 Noon Egg Salad on a Croissant, Sun Chips, Fruit Evening Chicken Bacon Swiss on Bun, Tater Tots, Creamy Cucumber Salad	Continental Breakfast 3 Noon Ham with Pineapple Chutney, Parslied Potatoes, Dilled Zucchini Evening Chili, Crackers, Shredded Cheese, Onion, Sour Cream, Cornbread Simchat Torah Begins
Continental Breakfast 4 Noon Turkey Pot Roast, Roasted Potatoes, Carrots, Onion, Roll Evening Tacos, Shredded Cheddar Cheese, Shredded Lettuce, Tomato, Refried Beans	Continental Breakfast 5 Noon Garlic Parmesan Baked Chicken, Pasta with Marinara Sauce, Garlic Toast Evening Ham, Swiss and Spinach Quiche, Fried Potatoes	Continental Breakfast 6 Noon Herb Rosted Pork with Cornbread Stuffing, Cheesy Cauliflower Evening Philly Cheese Steak, Chips	Continental Breakfast 7 Noon Open Face Hot Beef Sandwich, Mashed Potatoes, Buttered Peas Evening Stuffed Pepper, Cucumber Salad	Continental Breakfast 8 Noon Cheeseburger on Bun, Potato Salad Evening Honey Baked Ham, Dijon Scalloped Potatoes, Cascade Blend Vegetables	Continental Breakfast 9 Noon Salmon, Baked Potato, Seasonal Vegetables Slaw Evening Wisconsin Cheese Soup, Crackers, Turkey Club Sandwich	Continental Breakfast 10 Noon Ranch Chicken, Baked Yam, Seasonal Vegetable Evening Pulled Pork Mac and Cheese, Carrots, Pears
Continental Breakfast 11 Noon Cream Chip Beef over Toast, Peas and Carrots Evening Meatloaf, Mashed Potatoes, Country Trio Vegetables	Continental Breakfast 12 Noon Kielbasa and Cabbage, Potato Casserole, Broccoli Evening Chicken Al King over Biscuit, Brussels Sprouts Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	Continental Breakfast 13 Noon Mushroom Salisbury Steak, Mashed Potatoes, Gravy Evening Potato and Corn Chowder, Crackers, Tuna Melt	Hot Breakfast 14 Noon Roast Beef Sandwich, Broccoli and Cheese Soup Evening Sloppy Joe, Potato Chips, Baked Beans	Continental Breakfast 15 Noon Garlic Pork Loin, Sweet Potatoes, California Blend Vegetables Evening Beef Stew, Dinner Roll	Continental Breakfast 16 Noon Breaded Fish, Wedges, Coleslaw Evening Orange Chicken, Fried Rice, Egg Roll	Continental Breakfast 17 Noon Swedish Meatballs, Mashed Potatoes, Peas and Carrots Evening Chili Cheese Dog, Wedges, Fruit
Continental Breakfast 18 Noon Ham, Au Gratin Potatoes, Peas Evening Turkey Pasta Bake, Seasonal Vegetables	Continental Breakfast 19 Noon Stuffed Chicken Breast, Sweet Potatoes, Green Beans Evening Bourbon Glazed Meatballs, Roasted Potatoes, Seasonal Vegetables	Continental Breakfast 20 Noon Country Fried Steak Mashed Potatoes, Gravy, Mixed Vegetables Evening Chicken Chow Mein, Fried Rice, Egg Roll	Continental Breakfast 21 Noon BBQ Pulled Pork, Chips, Fruit Evening Goulash, Mixed Vegetables, Dinner Roll	Continental Breakfast 22 Noon Beef Pot Roast, Roasted Potatoes, Seasonal Vegetable, Dinner Roll Evening Chili Cheese Dog, Chips, Fruit	Continental Breakfast 23 Noon Fish, Rice, Cascade Vegetable Evening Grilled Roast Beef and Cheddar Sandwich, Tater Tots, Apricots	Continental Breakfast 24 Noon Stuffed Green Pepper, Corn, Dinner Roll Evening Cheddar Wurst on Bun, Tater Tots, Toss Salad
Continental Breakfast 25 Noon Ranch Chicken, Baked Yams, Seasonal Vegetable Evening Sausage and Pepperoni Pizza, Toss Salad	Continental Breakfast 26 Noon Spaghetti with Meat sauce, Zucchini Parmesan, Garlic Toast Evening BLT, Potato Chips, Cottage Cheese, Peaches	Continental Breakfast 27 Noon Meatloaf, Mashed Potatoes, Corn Evening Egg Salad on Croissant, Sun Chips, Fuit	Hot Breakfast 28 Noon French Onion Soup, Ham Sandwich Evening Lasagna, Toss Salad, Country Trio Vegetables	Continental Breakfast 29 Noon Mushroom and Swiss Hamburger, Baked Beans, Corn on the Cob Evening Boneless Honey BBQ Chicken, Macaroni and Cheese, Mixed Vegetables	Continental Breakfast 30 Noon Shrimp Scampi, Rice, Asparagus Evening Chili, Cornbread, Fruit	Continental Breakfast 31 Noon Philly Cheesesteak, Chips. Fruit Evening Ham and Cheese and Spinach Quiche, Breakfast Potatoes Halloween

Any changes will be posted in the elevator.