

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 August 2026 Select Senior Living Dining						Continental Breakfast 1 Noon Ranch Chicken, Baked Yam, Seasonal Vegetable Evening Pulled Pork, Mac and Cheese, Carrots	
Continental Breakfast 2 Noon Meatloaf, Mashed Potatoes, Country Trio Vegetables Evening Lasagna Roll Up, Toss Salad, Garlic Toast	Continental Breakfast 3 Noon Chicken Taco Salad, Shredded Lettuce/Tomato, Refried Beans, Corn Evening Bacon Cheeseburger, Chips, Pasta Salad	Continental Breakfast 4 Noon Philly Cheese Steak, Wedges, Fresh Fruit Evening Chicken Al A King over Biscuit, Pickled Beets	Continental Breakfast 5 Noon Spaghetti, Corn, Breadstick Evening Pork Chop Supreme, Potato Salad, Baked Beans	Continental Breakfast 6 Noon BBQ Chicken Drumsticks, Sweet Potato Puff, Cascade Blend Vegetables Evening Sloppy Joe Sliders, Potato Chips, Green Beans	Continental Breakfast 7 Noon Shrimp Scampi, Rice, Broccoli, Breadstick Evening Cream of Tomato Soup, Grilled Cheese Sandwich	Continental Breakfast 8 Noon Roast Turkey, Cornbread Stuffing, Carrots Evening Scalloped Potatoes and Ham, Buttered Peas	
Continental Breakfast 9 Noon Roast Beef, Mashed Potatoes, Gravy, Cauliflower Evening Chicken Tenders, Macaroni and Cheese, Country Trio Vegetables	Continental Breakfast 10 Noon Cream of Potato Soup, Chicken Salad on a Croissant Evening Shrimp Alfredo, Breadstick, Italian Blend Vegetables	Continental Breakfast 11 Noon Lemon Garlic Pork Loin, Baked Potato, Broccoli, Garlic Toast Evening Hot Dog, Potato Salad, Baked Beans	Hot Breakfast 12 Noon Chef Salad, Breadstick Evening Salisbury Steak, Parslied Potatoes, Orange Glazed Carrots	Continental Breakfast 13 Noon Chicken Fajitas, Mexican Rice, Fresh Fruit Evening Coconut Breaded Shrimp, Sweet Potato Puffs, Green Beans	Continental Breakfast 14 Noon Salmon, Baked Potato, Seasonal Vegetables Evening BBQ Pulled Pork Sliders, Wedges, Coleslaw	Continental Breakfast 15 Noon Egg Salad on Croissant, Sun Chips, Fresh Fruit Evening Country Fried Steak, Mashed Potatoes, Cream Gravy, Corn	
Continental Breakfast 16 Noon Stuffed Chicken Breast, Creamy Potato Gratin, Cascade Blend Vegetables Evening Tuna Noodle Casserole, Pickled Beets	Continental Breakfast 17 Noon Manicotti with Meat sauce, Zucchini Parmesan, Garlic Toast, Fresh Fruit Evening BLT, Potato Chips, Cottage Cheese	Continental Breakfast 18 Noon Orange Chicken, Fried Rice, Egg Roll Evening Ham and Cheese Sub Sandwich, Potato Salad, Chips	Continental Breakfast 19 Noon- BBQ Day BBQ Ribs, Corn on the Cob, Coleslaw Evening Turkey A la King over Biscuit, Fresh Fruit	Continental Breakfast 20 Noon Baked Swiss Chicken, Garden Rice Pilaf, Country Trio Vegetables Evening Borbon Glazed Meatballs, Au Gratin Potatoes, Peas and Carrots	Continental Breakfast 21 Noon Roast Beef, Mashed Potatoes, Beef Gravy, Roasted Carrots Evening Beef Barley Soup, Ham Salad Sandwich	Continental Breakfast 22 Noon California Hamburger with Bun, Potato Salad, Baked Beans Evening Sausage and Pepperoni Pizza, Toss Salad	
Continental Breakfast 23 Noon Coconut Shrimp, Coleslaw, Wedges Evening Chicken Alfredo, Broccoli, Garlic Toast	Continental Breakfast 24 Noon Country Fried Steak, Mashed Potatoes, Cream Gravy, Honey Buttered Carrots Evening Tomato Soup, Grilled Turkey and Swiss Cheese Sandwich, Toss Salad	Continental Breakfast 25 Noon Bacon, Chicken, Ranch Wrap, Chips Evening Lasagna, Sliced Beets, Garlic Toast	Hot Breakfast 26 Noon French Onion Soup, Roast Beef Sandwich Evening Chipped Beef over Toast, Butter Peas	Continental Breakfast 27 Noon Meatloaf, Mashed Potato, Seasonal Vegetable Evening Chicken Stir Fry, Fried Rice. Cream Cheese Wontons	Continental Breakfast 28 Noon Chicken Bacon Swiss on Bun, French Fries, Creamy Cucumber Salad Evening Ham, Swiss, and Spinach Quiche, Fried Potatoes, Tomato Slices	Continental Breakfast 29 Noon Ham with Pineapple Chutney, Parslied Potatoes, Dilled Zucchini Evening Chef Salad, Cornbread Muffin	
Continental Breakfast 30 Noon Turkey Pot Roast, Roasted Potatoes, Carrots, Onions Evening Taco Salad, Spanish Rice	Continental Breakfast 31 Noon Garlic Parmesan Baked Chicken, Pasta with Marinara Sauce, Toss Salad Evening Reuben Sandwich, Sweet Potato Puffs	Noon and Evening meals are accompanied with a choice of Homemade Soup, Fresh Fruit, Garden Salad, Dinner Roll and Dessert. Alternate Menu is available upon request during meals. Continental Breakfast- Toast, Cereal, Fresh Fruit, Hard-boiled Eggs, Pastries and Yogurt Hot Breakfast- Served 2 nd and 4 th Wednesday. It includes Bacon, Sausage, Eggs, and Pancakes.					

All menu changes will be posted in the elevators.