

SELECT SENIOR LIVING DINING MENU

October

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 <u>Noon</u> Coconut Shrimp, Rosemary Potatoes & Broccoli <u>Evening</u> Chicken Salad Croissant sandwich & Cantaloup	2 <u>Noon</u> Country Fried steak, Mashed, Gravy & Mixed vegetable <u>Evening</u> Mac & Cheese and kielbasa
3 <u>Noon</u> Chicken Kiev, Roasted Potatoes, & California Blend <u>Evening</u> Breakfast Sandwich & Potato Triangle	4 <u>Noon</u> Chicken Chow Mein, & Fried Rice <u>Evening</u> Chili & Corn Bread	5 <u>Noon</u> Meatloaf, Sweet Potatoes, Honey Glazed Carrots <u>Evening</u> Ham & Cheese Sandwich, Vegetable Pasta	6 <u>Noon</u> Beer Battered Fish, Au gratin Potatoes, Capri Blend <u>Evening</u> Egg Salad, on Croissant, Gapes, Chips	7 <u>Noon</u> Beef Ravioli & Garlic Bread <u>Evening</u> Pot Roast, Mashed Potatoes & Gravy, Harvard Beets	8 <u>Noon</u> Tuna Casserole, Corn, & Dinner Roll <u>Evening</u> Pepperoni Pizza & Onion Rings	9 <u>Noon</u> Liver & Onions, Mashed Potatoes & Gravy, Carrots <u>Evening</u> Turkey Croissant Sandwich, Deviled Eggs, & Chips
10 <u>Noon</u> Chicken Cordon Bleu, Rosemary Potatoes, California Blend <u>Evening</u> Rodeo Cheeseburger, & Fries	11 <u>Noon</u> Swedish Meatballs, Mashed Potatoes, & Creamed Corn <u>Evening</u> Chicken Drummies & Potato Salad	12 <u>Noon</u> Beef Stew over a Biscuit <u>Evening</u> Grilled Reuben & Wild Rice	13 <u>Noon</u> BBQ Pulled Pork Sandwich, Coleslaw, & Beans <u>Evening</u> Chicken Pot Pie & Fresh Fruit	14 <u>Noon</u> Salisbury Steak, Mashed Potatoes, & Broccoli <u>Evening</u> Cheese Blintz's w/ Fruit Topping & Bacon	15 <u>Noon</u> Roast Turkey, Stuffing, Green Bean Casserole, & Roll <u>Evening</u> Chili Cheese Dog & Fries	16 <u>Noon</u> Salmon, Roasted Potatoes, & California Blend <u>Evening</u> Cheese Pizza
17 <u>Noon</u> Baked Ham, Mashed Sweet Potatoes, & Broccoli <u>Evening</u> Chicken Alfredo & Vegetables	18 <u>Noon</u> Meat Lasagna, Garlic Bread, & Corn <u>Evening</u> Egg Salad on lettuce, fresh baked dinner roll & fruit	19 <u>Noon</u> Pork Fritter, Baked Potato, & Creamed Corn <u>Evening</u> Sloppy Joe, Pickle Spear, & Rotini Pasta Salad	20 <u>Noon</u> Chicken-ala-King on a Biscuit & California Blend <u>Evening</u> Corn Dog, Steak Fries, & Coleslaw	21 <u>Noon</u> Honey BBQ Chicken, Roasted Potatoes, & Peas <u>Evening</u> Goulash, Corn, & Dinner Roll	22 <u>Noon</u> Meatloaf, Mashed Potatoes, Gravy, & Honey Glazed Carrots <u>Evening</u> Sub Sandwiches, Fruit, & Potato Salad	23 <u>Noon</u> Orange Chicken, White Rice, & Mixed Vegetables <u>Evening</u> Loaded Potato w/ Bacon, Broccoli, & Cheese Sauce
24 <u>Noon</u> Spaghetti w/ Meat sauce, Green Beans, & bread stick <u>Evening</u> Tater-tot Hotdish & Dinner roll	25 <u>Noon</u> Fried Chicken Mashed Potatoes & Capri Veggies <u>Evening</u> Taco's & Refried Beans	26 <u>Noon</u> Breaded Pork chop, Baked potato & Squash <u>Evening</u> BLT Wrap & Tuna pasta salad	27 <u>Noon</u> Lemon cod, sweet Potatoes & Bermuda Blend <u>Evening</u> Grilled cheese & Tomato soup	28 <u>Noon</u> Pork Tenderloin, garlic mashed & asparagus <u>Evening</u> Ham salad on croissant & corn chowder soup	29 <u>Noon</u> Coconut shrimp, Rosemary Potatoes & Broccoli <u>Evening</u> Chicken Salad Croissant Sandwich & Cantaloupe	30 <u>Noon</u> Country Fried steak, Mashed, gravy & Country Blend <u>Evening</u> Mac & Cheese and kielbasa

Noon

Chicken Kiev, Roasted
Potatoes, & California
Blend

Evening

Breakfast Sandwich &
Potato Triangle