

Select Senior Living

April

2024

3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Breakfast: 1 Continental Breakfast Noon Beef Stroganoff White Rice Broccoli Evening Homemade Goulash Dinner Roll	Breakfast: 2 Continental Breakfast Noon Baked Tilapia Garlic Butter Rice Mixed Veg Evening Homemade Pizza Italian Side Salad	Breakfast: 3 Continental Breakfast Noon Waffles Sausage Fruit Cocktail Evening Deli Hoagie Sandwich Potato Chips Pickle	Breakfast: 4 Continental Breakfast Noon Pot Roast Garlic Mashed Potatoes Green Beans Evening Ham and Cheese Croissant Fresh Fruit	Breakfast: 5 Continental Breakfast Noon Smoked Sausage Scalloped Potato Veg Medley Evening Grilled Cheese and Ham Tomato Soup	Breakfast: 6 Continental Breakfast Noon Cheese Manicotti Italian Vegetables Garlic Toast Evening Tater Tot Hot Dish Dinner Roll
Breakfast: 7 Continental Breakfast Noon Deep Fried Fish Scalloped Potatoes Roasted Zucchini Evening Meatball Sub Fresh Fruit	Breakfast: 8 Continental Breakfast Noon California Burger Baked Beans Corn on the Cobb Evening White Chicken Chili Cornbread	Breakfast: 9 Continental Breakfast Noon Beer Braised Pork Shoulder Mashed Potatoes Carrot and Peas Evening Beef and Cheddar Sandwich Potato Wedges	Breakfast: 10 Hot Breakfast Noon Fried Chicken Thigh Sweet Potatoes Corn Evening Sausage Tortellini Italian Vegetables	Breakfast: 11 Continental Breakfast Noon Teriyaki Pork Wings Korean Rice Oriental Vegetables Evening Beef Enchiladas Spanish Rice	Breakfast: 12 Continental Breakfast Noon Ham Steak Baked Potato Broccoli Evening Beer Brats/Bun Potato Salad	Breakfast: 13 Continental Breakfast Noon Spaghetti with Meat sauce Garlic Toast Evening Open Faced Turkey Sandwich
Breakfast: 14 Continental Breakfast Noon Birthday Lunch Sauerkraut Hotdish Breadstick Evening Chicken Wild Rice Soup Biscuit and Fruit	Breakfast: 15 Continental Breakfast Noon Country Fried Steak Mashed Potato Buttered Corn Evening Strawberry Pecan Salad Grilled Chicken	Breakfast: 16 Continental Breakfast Noon Liver and Onions Bacon Beets Evening Apple Fritter French Toast Sausage Links Fresh Fruit	Breakfast: 17 Continental Breakfast Noon Chicken Quarters Roasted Potatoes Carrots Evening Beer Cheese Mac and Cheese w/ Crispy Chicken	Breakfast: 18 Continental Breakfast Noon BBQ Pork Sandwich Cajun Wedges Evening Chicken AIA King Puff Pastry	Breakfast: 19 Continental Breakfast Noon Beer Battered Cod Baked Potato Seasoned Peas Evening Philly Cheese Steak Cheese Curds	Breakfast: 20 Continental Breakfast Noon Chicken Parm on Linguini Breadstick Evening Chili Dog Chips Coleslaw
Breakfast: 21 Continental Breakfast Noon Chicken/Broccoli Stir Fry White Rice Egg Roll Evening Shepherd's Pie Buttermilk Biscuit	Breakfast: 22 Continental Breakfast Noon Mettwurst Sausage Fried Fritters Green Beans Evening Taco Salad Sour Cream, Salsa and Guac	Breakfast: 23 Continental Breakfast Noon Roasted Turkey Mashed/Gravy Stuffing Evening Bacon Egg and Cheese on a Croissant Hashbrown Pattie	Breakfast: 24 Hot Breakfast Noon BBQ Riblets Scalloped Potato Asparagus Evening BLT Sandwich Potato Chips	Breakfast: 25 Continental Breakfast Noon Fried Chicken Sandwich Potato salad Peaches Evening Ham Salad Sandwich Cucumber Salad	Breakfast: 26 Continental Breakfast Noon Lasagna Roll Ups Side Salad Evening Chicken Chow Mein White Rice	Breakfast: 27 Continental Breakfast Noon Hamburger Gravy Mashed Potatoes Buttered Corn Evening Ham and Scalloped Potato Casserole
Breakfast: 28 Continental Breakfast Noon BBQ Meatballs White Rice Egg Roll Evening Pizza Bagels Fresh Fruit	Breakfast: 29 Continental Breakfast Noon Cheeseburger Lettuce/tomato Baked Beans Evening Chipped Beef on Toast Seasoned Peas	Breakfast: 30 Continental Breakfast Noon Grilled Chicken Pasta Salad Roasted Brussels Evening French Toast Sticks Bacon--Fruit		Continental Breakfast Served M, T, Th, F, Sat, & Sun Toast, Cereal, Fresh Fruit, Hard-boiled Eggs, Pastries and Yogurt	Hot Breakfast Served 2nd and 4th Wed Bacon, Sausage, Eggs, Hashbrowns and Pancakes All meals are subject to change with proper notice	Noon and Evening meals are accompanied with a choice of Homemade Soup, Fresh Fruit Garden Salad, Dinner Roll and Dessert *Alternate Menu is available upon request during meal times