

# SELECT SENIOR LIVING DINING MENU

## February

## 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <u>Noon</u> BBQ Pulled Pork Sandwich, Coleslaw, & Beans  <u>Evening</u> Chili and Corn Bread	2 <u>Noon</u> Salisbury Steak, Mashed Potato & Squash  <u>Evening</u> Cheese Blintz's w/Fruit topping & Bacon	3 <u>Noon</u> Roast Turkey, Stuffing, Green Bean Casserole  <u>Evening</u> Chili Cheese Dog & Fries	4 <u>Noon</u> Salmon, Roasted Potatoes, & California Blend  <u>Evening</u> Taco Salad
5 <u>Noon</u> Baked Ham, Roasted Sweet Potatoes, & Country Blend  <u>Evening</u> Chicken Alfredo & Vegetables	6 <u>Noon</u> Meat Lasagna, Garlic Bread, & Green Beans  <u>Evening</u> Tuna Salad Croissant, Fruit & Chips	7. <u>Noon</u> Pork Ribs Baked Potato, & Coleslaw  <u>Evening</u> Sloppy Joe, Pickle Spear, & Pasta Salad	8 <u>Noon</u> Chicken-ala-King on a Biscuit & California Blend  <u>Evening</u> Italian Sausage with Peppers and Roasted Potatoes	9. <u>Noon</u> Honey BBQ Chicken, Red Skin Mashed Potatoes, & Peas  <u>Evening</u> Goulash & Dinner Roll	10 <u>Noon</u> Meatloaf, Mashed Potatoes, Gravy, & Honey Glazed Carrots  <u>Evening</u> Bacon Cheeseburger & Onion Rings	11. <u>Noon</u> Orange Chicken, White Rice, & Mixed Vegetables  <u>Evening</u> Loaded Potato w/ Bacon, Broccoli, & Cheese
12. <u>Noon</u> Spaghetti w/ Meat Sauce, Chuckwagon Corn, & Bread stick  <u>Evening</u> Tater-tot Hotdish & Dinner Roll	13. <u>Noon</u> Chicken Kiev Wild Rice Blend & Peas  <u>Evening</u> Taco Salad	14 <u>Noon</u> Swiss Steak, Mashed Potatoes and Cauliflower  <u>Evening</u> Biscuit and Sausage Gravy, Fruit	15 <u>Noon</u> Lemon Cod, Sweet Potatoes & Bermuda Blend  <u>Evening</u> Mushroom Swiss Burger and Chips	16 <u>Noon</u> Pork Tenderloin, Garlic Mashed & Asparagus  <u>Evening</u> Waffles w/ Fruit topping Sausage & Breakfast Potatoes	17 <u>Noon</u> Coconut Shrimp, Rosemary Potatoes & Broccoli  <u>Evening</u> Chicken Salad with Croissant & Fruit	18. <u>Noon</u> Country Fried Steak Mashed Potato, Gravy and Vegetable Blend  <u>Evening</u> Mac and Cheese & Kielbasa
19. <u>Noon</u> Baked Ham, Sweet Potatoes & California Blend  <u>Evening</u> Ham and Cheese Quiche Muffin Fruit	20. <u>Noon</u> Chicken Chow Mein & Fried Rice and Egg Roll  <u>Evening</u> California Burger and Fries	21 <u>Noon</u> BBQ Meatballs, Rice Pilaf and Carrots  <u>Evening</u> Ham & Swiss on Rye Vegetable Pasta salad	22. <u>Noon</u> Tilapia, Au Gratin Potatoes & Capri Blend  <u>Evening</u> Chicken Pot Pie and Fruit	23 <u>Noon</u> Manicotti, Green Beans & Bread stick  <u>Evening</u> Hot Roast Beef Sandwich, Mashed Potatoes, Gravy Corn	24 <u>Noon</u> Tuna Casserole, Corn & Dinner Roll  <u>Evening</u> Pepperoni Pizza & Onion Rings	25. <u>Noon</u> Liver and Onions, Mashed Potatoes & Carrots  <u>Evening</u> Turkey Croissant Sandwich, Fruit & Chips
26  <u>Noon</u> Chicken Cordon Bleu, Rosemary Potatoes and California Blend  <u>Evening</u> Rodeo Cheeseburger & Fries	27  <u>Noon</u> Swedish Meatballs, Mashed Potatoes & Creamed Corn  <u>Evening</u> Chicken Tenders & Potato Salad	28  <u>Noon</u> Cabbage Rolls and Carrots  <u>Evening</u> Egg Salad Sandwich, Fruit, and Chips				