

# SELECT SENIOR LIVING DINING MENU

# MAY

# 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><u>Continental Breakfast</u> 1</p> <p><u>Noon</u> Lasagna Roll ups Garlic Toast Caesar Salad</p> <p><u>Evening</u> French Toast Bake w/ Sausage Orange Wedges</p>	<p><u>Continental Breakfast</u> 2</p> <p><u>Noon</u> Open Face Roast Beef Sandwich Mashed Potatoes &amp; Gravy Green Beans</p> <p><u>Evening</u> Philly Cheesesteak Tater Tots</p>	<p><u>Continental Breakfast</u> 3</p> <p><u>Noon</u> Stuffed Pork Chop w/ Gravy Roasted Root Vegetable</p> <p><u>Evening</u> Grilled Bratwurst on a Bun German Potato Salad</p>	<p><u>Continental Breakfast</u> 4</p> <p><u>Noon</u> Bourbon Grilled Chicken Fried Rice Stir Fry Vegetable</p> <p><u>Evening</u> Scalloped Potatoes and Ham Casserole Brussel Sprouts</p>	<p><u>Continental Breakfast</u> 5</p> <p><u>Noon</u> Beef Tamales Elotes (Mexican Street Corn)</p> <p><u>Evening</u> Turkey Burger w/ Lettuce, Tomato, Onion and Pickle</p>	<p><u>Continental Breakfast</u> 6</p> <p><u>Noon</u> Tortilla Crusted Tilapia w/ Salsa Mexi Rice Roasted Fajita Vegetable</p> <p><u>Evening</u> Asian Sesame Chicken Salad Wonton Strips</p>
<p><u>Continental Breakfast</u> 7</p> <p><u>Noon</u> Meatloaf Mashed Potato &amp; Gravy Broccoli</p> <p><u>Evening</u> Egg Salad on a Croissant Broccoli Salad</p>	<p><u>Continental Breakfast</u> 8</p> <p><u>Noon</u> Chicken Marsala on Spaghetti Roasted Vegetable</p> <p><u>Evening</u> Eggs Benedict Sliced Melon</p>	<p><u>Continental Breakfast</u> 9</p> <p><u>Noon</u> Beef Stroganoff Egg Noodles Glazed Carrots</p> <p><u>Evening</u> Cuban Sandwich Baby Carrots &amp; Ranch</p>	<p><u>Continental Breakfast</u> 10</p> <p><u>Noon</u> Chicken Cordon Blue Rice Pilaf Vegetable Medley</p> <p><u>Evening</u> Mini Corn Dogs Sweet Potato Fries</p>	<p><u>Continental Breakfast</u> 11</p> <p><u>Noon</u> Tempura Shrimp w/ Dipping Sauce Vegetable Lo Mein</p> <p><u>Evening</u> Goulash Garlic Toast</p>	<p><u>Continental Breakfast</u> 12</p> <p><u>Noon</u> Grilled Salmon w/ Lemon Dill Sauce Wild Rice Pilaf Roasted Asparagus</p> <p><u>Evening</u> Hawaiian Burger w/ Grilled Pineapple</p>	<p><u>Continental Breakfast</u> 13</p> <p><u>Noon</u> BBQ Beef Brisket Pinto Beans Cornbread</p> <p><u>Evening</u> Grilled Chicken Caesar Salad Breadstick</p>
<p><u>Continental Breakfast</u> 14</p> <p><u>Noon</u> Fried Chicken Roasted Yukon Potatoes Greens</p> <p><u>Evening</u> Italian Sub Tossed Salad</p>	<p><u>Continental Breakfast</u> 15</p> <p><u>Noon</u> Baked Ziti Italian Blend Vegetable Garlic Bread stick</p> <p><u>Evening</u> Denver Scramble Breakfast Potatoes Fruit Cup</p>	<p><u>Continental Breakfast</u> 16</p> <p><u>Noon</u> Hot Turkey Sandwich Mashed Potatoes &amp; Gravy Cranberry Sauce</p> <p><u>Evening</u> Gyro Greek Salad</p>	<p><u>Continental Breakfast</u> 17</p> <p><u>Noon</u> Stuffed Bell Peppers Roasted Cauliflower</p> <p><u>Evening</u> Chicken Strips w/ BBQ Sauce Tator Tots Veggies &amp; Ranch</p>	<p><u>Continental Breakfast</u> 18</p> <p><u>Noon</u> Sweet n Sour Pork White Rice Oriental Vegetable</p> <p><u>Evening</u> Mock Chow Mein Chow Mein Noodles</p>	<p><u>Continental Breakfast</u> 19</p> <p><u>Noon</u> Crab Cakes w/ Remoulade Tomato &amp; Avocado Salad</p> <p><u>Evening</u> Cheeseburger w/ Lettuce, Tomato, Onion and Pickle French Fries</p>	<p><u>Continental Breakfast</u> 20</p> <p><u>Noon</u> Rosemary Pork Loin Butternut Squash Dinner Roll</p> <p><u>Evening</u> Grilled Flank Steak Salad Bread Stick</p>
<p><u>Continental Breakfast</u> 21</p> <p><u>Noon</u> Corned Beef &amp; Cabbage Boiled Potato &amp; Carrots Dinner Roll</p> <p><u>Evening</u> Turkey Club Sandwich Potato Chips</p>	<p><u>Continental Breakfast</u> 22</p> <p><u>Noon</u> Pasta Primavera Garlic Toast Italian Salad</p> <p><u>Evening</u> Sausage Egg and Cheese Muffin Breakfast hashbrown Apple Slices</p>	<p><u>Continental Breakfast</u> 23</p> <p><u>Noon</u> Homemade Chili Cornbread</p> <p><u>Evening</u> French Dip w/ Au Jus Carrot Raisin Salad</p>	<p><u>Continental Breakfast</u> 24</p> <p><u>Noon</u> Wild Rice Stuffed Chicken Breast w/ Mushroom Cream Sauce Butternut Squash</p> <p><u>Evening</u> BLT Wrap Fresh Fruit</p>	<p><u>Continental Breakfast</u> 25</p> <p><u>Noon</u> Mongolian Beef Sticky Rice Roasted Broccoli</p> <p><u>Evening</u> Turkey Wild Rice Casserole Dinner Roll</p>	<p><u>Continental Breakfast</u> 26</p> <p><u>Noon</u> Fried Shrimp Waffle Fries Coleslaw</p> <p><u>Evening</u> Black n Blue Burger</p>	<p><u>Continental Breakfast</u> 27</p> <p><u>Noon</u> Shepherd's Pie Dinner Roll</p> <p><u>Evening</u> Mexican Chopped Chicken Salad Tortilla Strips</p>
<p><u>Continental Breakfast</u> 28</p> <p><u>Noon</u> Balsamic Glazed Pork Tenderloins Roasted Sweet Potato Asparagus</p> <p><u>Evening</u> Grilled Cheese Tomato Soup</p>	<p><u>Continental Breakfast</u> 29</p> <p><u>Noon</u> Chicken Parmesan on Spaghetti Marinara Cauliflower and Romanesco</p> <p><u>Evening</u> Breakfast Burrito Hashbrowns Cinnamon Pears</p>	<p><u>Continental Breakfast</u> 30</p> <p><u>Noon</u> Beef Stew Buttermilk Biscuit</p> <p><u>Evening</u> Meatball Sub Italian Fries</p>	<p><u>Continental Breakfast</u> 31</p> <p><u>Noon</u> Broccoli &amp; Cheese Stuffed Chicken w/ Cheese Sauce Steamed Broccoli Roasted Red Potatoes</p> <p><u>Evening</u> Pepperoni &amp; Sausage Pizza Italian Tossed Salad</p>			