

# 1 SELECT SENIOR LIVING DINING MENU

# January

# 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2	3	4	5	6.	7
<p><b>Noon</b> Chicken Cordon Bleu, Rosemary Potatoes &amp; California Blend</p> <p><b>Evening</b> Bag Dinner</p>	<p><b>Noon</b> Swedish Meatballs, Mashed Potatoes &amp; Peas and Carrots</p> <p><b>Evening</b> Chicken Tenders and Potato Salad</p>	<p><b>Noon</b> Beef Stew over a Biscuit</p> <p><b>Evening</b> Beer Battered Fish Sticks and Tater Tots</p>	<p><b>Noon</b> BBQ Pulled Pork Sandwich, Coleslaw, &amp; Beans</p> <p><b>Evening</b> Chili and Corn Bread</p>	<p><b>Noon</b> Salisbury Steak, Mashed Potato &amp; Squash</p> <p><b>Evening</b> Cheese Blintz's w/Fruit topping &amp; Bacon</p>	<p><b>Noon</b> Roast Turkey, Stuffing, Green Bean Casserole</p> <p><b>Evening</b> Chili Cheese Dog &amp; Fries</p>	<p><b>Noon</b> Salmon, Roasted Potatoes, &amp; California Blend</p> <p><b>Evening</b> Turkey On Croissant, Fruit, and Chips</p>
8	9.	10.	11	12.	13	14.
<p><b>Noon</b> Baked Ham, Mashed Sweet Potatoes, &amp; Country Blend</p> <p><b>Evening</b> Chicken Alfredo &amp; Vegetables</p>	<p><b>Noon</b> Meat Lasagna, Garlic Bread, &amp; Green beans</p> <p><b>Evening</b> Tuna Salad Croissant, Fruit &amp; Chips</p>	<p><b>Noon</b> Pork Ribs Baked Potato, &amp; Coleslaw</p> <p><b>Evening</b> Sloppy Joe, Pickle Spear, &amp; Pasta Salad</p>	<p><b>Noon</b> Chicken-ala-King on a Biscuit &amp; California Blend</p> <p><b>Evening</b> Italian Sausage with Peppers and Roasted Potatoes</p>	<p><b>Noon</b> Honey BBQ Chicken, Roasted Potatoes, &amp; Peas</p> <p><b>Evening</b> Goulash, Corn, &amp; Dinner Roll</p>	<p><b>Noon</b> Meatloaf, Mashed Potatoes, Gravy, &amp; Honey Glazed Carrots</p> <p><b>Evening</b> Bacon Cheeseburger &amp; Potato Salad</p>	<p><b>Noon</b> Orange Chicken, White Rice, &amp; Mixed Vegetables</p> <p><b>Evening</b> Loaded Potato w/ Bacon, Broccoli, &amp; Cheese Sauce</p>
15.	16.	17	18.	19	20.	21.
<p><b>Noon</b> Spaghetti w/ Meat sauce, Chuckwagon Corn, &amp; Bread stick</p> <p><b>Evening</b> Tater-tot Hotdish &amp; Dinner Roll</p>	<p><b>Noon</b> Baked Chicken Mashed Potatoes &amp; Peas</p> <p><b>Evening</b> Taco Hard or Soft Shells</p>	<p><b>Noon</b> Biscuits and Gravy and Bacon</p> <p><b>Evening</b> Egg Salad Sandwich, Fruit and Chips</p>	<p><b>Noon</b> Lemon Cod, Sweet Potatoes &amp; Bermuda Blend</p> <p><b>Evening</b> Italian Sandwich on Wheat, Fruit, and Chips</p>	<p><b>Noon</b> Pork Tenderloin, Garlic Mashed &amp; Asparagus</p> <p><b>Evening</b> Waffles w/ Fruit topping Sausage &amp; Breakfast Potatoes</p>	<p><b>Noon</b> Coconut Shrimp, Rosemary Potatoes &amp; Broccoli</p> <p><b>Evening</b> Chicken Salad Croissant Sandwich &amp; Fruit</p>	<p><b>Noon</b> Country Fried Steak Mashed Potato, Gravy and Stewed Tomatoes</p> <p><b>Evening</b> Mac and Cheese &amp; Kielbasa</p>
22.	23.	24.	25.	26.	27.	28.
<p><b>Noon</b> Baked Ham, Mashed Sweet Potatoes &amp; California Blend</p> <p><b>Evening</b> Croissant Breakfast Sandwich &amp; Potatoes</p>	<p><b>Noon</b> Chicken Chow Mein &amp; Fried Rice and Egg Roll</p> <p><b>Evening</b> Chili &amp; Corn bread</p>	<p><b>Noon</b> Meatloaf, Sweet Potatoes &amp; Honey Glazed Carrots</p> <p><b>Evening</b> Ham &amp; Swiss on Rye Vegetable Pasta salad</p>	<p><b>Noon</b> Beer Battered Fish, Au Gratin Potatoes &amp; Capri Blend</p> <p><b>Evening</b> Chicken Pot Pie and Fruit</p>	<p><b>Noon</b> Manicotti, Green beans &amp; Bread stick</p> <p><b>Evening</b> Pot Roast, Mashed, Harvard Beets</p>	<p><b>Noon</b> Tuna Casserole, Corn &amp; Dinner Roll</p> <p><b>Evening</b> Pepperoni Pizza &amp; Onion Rings</p>	<p><b>Noon</b> Liver and Onions, Mashed Potatoes &amp; Carrots</p> <p><b>Evening</b> Turkey Croissant Sandwich, Fruit &amp; Chips</p>
29	30	31				
<p><b>Noon</b> Chicken Cordon Bleu, Rosemary Potatoes and California Blend</p> <p><b>Evening</b> Rodeo Cheeseburger &amp; Fries</p>	<p><b>Noon</b> Swedish Meatballs, Mashed Potatoes &amp; Creamed Corn</p> <p><b>Evening</b> Chicken Tenders &amp; Potato Salad</p>	<p><b>Noon</b> Beef Stew over Biscuit</p> <p><b>Evening</b> Beer Battered Fish Sticks and Tater Tots</p>				